

• here's a •

# COOKING EXPERIENCE in SULMONA

## • ingredients •

- A dollop of imagination
- A bunch of seasonality
- A pinch of Sulmona's fresh air

## • preparation •

Start with a quick shop in the market square then mix all together with:

- Authentic Abruzzo recipes and local produce
- English language tuition and materials

Finally put participants of all ages together in a central Sulmona location, for one morning, and you'll have a fun hands-on cooking experience, **plus lunch!**



You can join our cooking experiences throughout the whole year. Visit [www.welcometosulmona.com](http://www.welcometosulmona.com) for a calendar of available dates. For information, bookings or special requests please send your enquiries to: [info@welcometosulmona.com](mailto:info@welcometosulmona.com) or call +39.349.6533929 / +39.345.1808922



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experiences